



## EXPLOITATION OF HETEROSIS IN CUCURBITS

**Popular  
Article**

**Panchal Bhakti, B.\* , N.B. Patel, A.I. Patel, S.N. Saravaiya and R.V. Tank**

*ASPEE College of Horticulture and Forestry,*

*Navsari Agriculture University, Navsari-396 450, Gujarat, India*

*\*Corresponding author's E-mail: bhakti.b.panchal@gmail.com*

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### ABSTRACT

Heterosis refers as superiority or inferiority of hybrids over both the parents. Heterosis has been considered as one of the important breakthrough in the field of crop plant. Kolreuter studied artificial tobacco (*Nicotiana* spp.) hybrids for the first time in 1673. In 1876, heterosis was first described by Charles Darwin and he has concluded that hybrids from unrelated plant types were highly vigorous. In 1908, by Shull and East were individually advocated heterosis breeding as an alternative plant breeding strategy. Later on in 1914, Shull gave the term 'heterosis' as the developmental stimulus resulting from the union of different gametes and 'hybrid vigour' to manifest effects of heterosis. In vegetables, hybrid vigour was first observed by Hayes and Jones in cucumber for fruit size and fruit number in 1916. Further, Munger was the first to highlight to the possible utilization of F<sub>1</sub> hybrids in muskmelon in 1942. In India, first report of hybrid was reported in chilli by IARI, New Delhi. Then continuous hybridization programme to be undertaken in India.

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### Introduction

Vegetables are Potential crops for improving nutrition, food security and also generate employment in the country (Rai and Yadav, 2005). Which are loaded with vitamins and minerals that contribute to growth and the maintenance of good health. It's act as a cheapest source of natural protective foods and its grown easily in different farming systems. In short, it is summarized that systematic recommendation are available to make vegetable culture more profitable and enjoyable (Rana, 2012). Among the vegetable crops, cucurbits are distinct group where sex mechanism and sex expression are unique and are easily amenable for manipulation for production of F<sub>1</sub> hybrids. 'Cucurbits' term was coined by L. H. Bailey (USA) for the cultivated species of the family Cucurbitaceae. The family Cucurbitaceae consists of about 118 genera and 825 species out of which about 15 different species of Cucurbitaceae are being commercially cultivated since long time. In which, high productivity is one of the important aspects of heterosis.

Cucurbits are cultivated in mixed cropping system, like river bed culture on river sand 'Diara'- an unique, indigenous and improved system of vegetable forcing, which cover 60 per cent of the total area under cucurbits in this country. It is a family of significant economic importance with a number of edible vegetable species.

The major genera of the family are Trichosanthes (100 species), Momordica (47 species) and Cucumis (34 species). There are about 36 minor genera which are monotypic.

### Significance of cucurbits

- Annual
- Quick growing
- Cash earning crop in short duration
- Low requirement of inputs
- Cheapest source of nutrients
- Easy to grow
- Versatile use in the kitchen

### Floral biology of cucurbits

Flowering in cucurbits normally starts in about 40-45 days after sowing depending upon the weather condition. The anthesis occurs in majority of cucurbits in morning some exceptions like, bottle gourd, ridge gourd and pointed gourd. The sequence of flowering follows a set of pattern, namely (i) Male phase (ii) Mixed phase (iii) Female phase.

Anthesis time of cucurbits mainly up to 5:30 to 7:30 a.m. (in yellow flowers) and 5:00 to 8:00 p.m. (in white flowers). Stigma receptivity is different to the species but, mainly before anthesis 24 hours and after anthesis 24 hours observed. Pollen Fertility is on the day of anthesis till the next morning. After 24 hours of

pollination pollen tube reaches to the ovary and after 2-3 days ovary become a enlarged. Cross pollination is mainly by honeybees (60-80%).

**Breeding objectives**

- Early and higher yield
- Preponderance of female flower
- Desirable fruit shape, size and colour as per market & export potential

- Developing gynoecious and parthenocarpic hybrids
- Free from bitterness
- Light green & presence of inconspicuous hairs on skin (bottle gourd)
- Hybrid suited for canning and dehydration purpose (bitter gourd)
- Resistance to insects-pest and diseases

**Table 1. Breeding methods for crop improvement in cucurbits**

Sl no.	General breeding methods	Sl no.	Special breeding techniques
1	Introduction	1	Mutation
2	Pure Line	2	Transgenic Breeding Technique
3	Mass Selection	3	Haploid & Aneuploid
4	Pedigree Method	4	Polyploidy
5	Backcross Method	5	Distance Hybridization
6	Heterosis Breeding	6	Tissue Culture

**What is heterosis ?**

- Superiority or inferiority of F1 over the both the parents.
- Also called hybrid vigour.
- Heterosis was first described by Charles Darwin (1876) and independently rediscovered by Shull and East(1908).

**Heterosis in Vegetables**

- Hybrid vigour was first observed in cucumber for fruit size and number: Hayes and Jones (1916) at Japan.
- In 1942, Munger: First to highlight the possible utilization of F<sub>1</sub> hybrids in muskmelon.
- In India, first report of hybrid vigour appeared in 1933 in chilli at IARI, New Delhi.
- First hybrid Pusa Meghdut of bottle gourd was developed by VBS, at Katrain (1971).
- Than after years the other hybrids were released in vegetable crops.

**General features of heterosis**

- Heterosis is a widely occurring biological phenomenon in both the plant and animal species.
- Heterosis is a genetically governed phenomenon.
- In plants, it has been reported to occur more frequently in a number of naturally cross-pollinated crop species as compared with self-pollinated ones.
- It has been observed that the expression of heterosis is usually more in hybrids obtained from **genetically unrelated** lines.

- The expression of heterosis is highly associated with **specific combining ability** of a cross.
- Heterosis is usually **unfixable** from generation to generation.

**Different bases of heterosis**

**Genetic bases of heterosis**

- Dominance hypothesis (Davenport, 1907), Over-dominance hypothesis (Shull and East, 1908), Epistasis (Gowen, 1952)

**Physiological bases of heterosis**

- Net Assimilation Rate, Leaf Area Index, Root Growth, Hormonal balance, Metabolic concept, Mitochondrial complementation

**Molecular bases of heterosis**

- Intermediate amount of a single gene product, Separate gene products, Combined gene product, Effect in two different tissue, Expression of a greater no. of gene

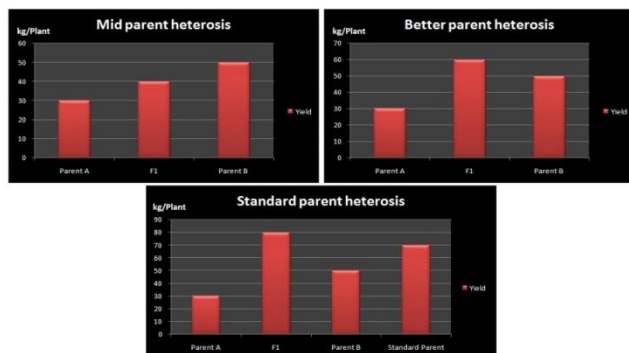
**Types of heterosis**

**On the basis of origin and nature**

- Euheterosis or true heterosis
  - Mutational heterosis
  - Balanced heterosis
- Pseudoheterosis or luxuriance

**On the basis of types of estimation**

- Mid parent heterosis (average or relative heterosis)
- Better parent heterosis (heterobeltiosis)
- Useful heterosis (economic heterosis)
- Standard parent heterosis (standard heterosis)



**Fig 1. Different types of heterosis**

#### Important factors of heterosis

- Enough magnitude of heterosis
- High per cent age of out crossing
- Floral biology of plants
- Availability of MS and SI systems

#### Manifestation of heterosis

- Higher yield
- Early maturity
- Large number of seeds per fruit
- Uniformity in size and shape
- Increase reproductive ability and quality
- Wider adaptability
- Produce gynocious lines
- Better resistance

#### Constraints of cucurbits to exploit heterosis

- Preponderance of staminate flower
- Production of less female flowers
- Sterile hybrid produced in interspecific cross
- Insufficient germplasm in different Cucurbitaceous crops
- Absence of basic/fundamental research programmes to accelerate the work on applied aspects
- Lack of competent scientific manpower to manage the research programmes
- Lack of pollinators due to cold, wet weather, pesticides, and habitat loss (ovary is not fertilized)

#### Future thrust

- Cucurbitaceous crops are important from export point of view. Develop F<sub>1</sub> hybrids which can suit the requirements of international market.
- F<sub>1</sub> hybrid of bitter gourd which can suit the requirement of value addition and processing industry.
- Develop the stable tropical gynocious lines and/or male sterile line linked with easily identified phenotypic marker and their proper utilization in heterosis breeding programme.
- Develop parental/hybrid lines which are suitable for protected and off-season (winter) cultivation with better adaptability to variable environment.

#### Conclusion

Thus, the phenomenon of heterosis has attracted the attention of the plant breeders due to its conspicuous effects on economic characters especially the fruit yield of crops. To achieve the objectives of any breeding programme, choose the appropriate parental lines which have been capacity to develop desirable F<sub>1</sub> heterotic effects plus also knowledge of gene action operating for the concerned characters in the selected materials. Thus, main crucial problem of plant breeding is to choose the correct parental lines. Many times, the high yielding parents may not be combining well others to give a superior cross combination or to give a desirable segregates.

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